

MARCH 30 - APRIL 5,
2025

Drop the
Rock in
Tulum 2025



- Feeling stressed, overwhelmed, & stuck in your personal growth?
- Are you ready for a transformative escape?
- Dreaming of a vacation that fosters connection & community?

Then prepare to escape the chaos of daily life and rejuvenate in the serene beauty of the Yucatan. Break free from old habits and embrace positive change with daily yoga, traditional healing ceremonies, guided spiritual readings, and supportive community and discussions that foster meaningful personal growth and self-discovery.



Contact Leslie to book @707-484-3836
la.weaver@comcast.net
www.Journeysoftheheartwellness.com



Time dedicated to self-care, personal wellness, & spiritual growth.

Immerse yourself in transformative experiences including a Cacao Ceremony, Sound Healing, Temazcal Sweat Lodge, Reiki, and gentle Yoga. These practices, combined with nutritious meals prepared by our private chef, will help you release stress, detoxify your body, and harmonize your energy. Each activity is designed to promote physical, emotional, and spiritual well-being, providing a holistic approach to healing.





A lodge set in the caribbean jungle where wellness & serenity are the focus.

Casa Tulili is a captivating retreat center located in Dos Cenotes National Park in the heart of the Yucatán Peninsula. Surrounded by lush jungle and natural beauty, it offers a serene escape for relaxation and rejuvenation. Known for its eco-friendly rooms that blend rustic charm with modern comfort, Casa Tulili provides an ideal setting for all of our wellness activities. So join us to experience tranquility and renewal in this enchanting environment.





Spiritual readings, discussions & reflection.

Dive deep into personal growth with guided readings and discussions from books such as *Drop the Rock* and *The Untethered Soul*. Explore new concepts and gain insights that will help you shed old habits and embrace new beginnings in this alcohol and substance free retreat. Build lasting connections with like-minded individuals in a supportive environment, sharing experiences and finding empowerment through shared journeys and camaraderie.



Pricing
per Person
\$1875 Single
\$1750 Double
\$1550 Triple



What's Included

- 6 Nights accommodations Casa Tulili based on single, double, or triple occupancy
- Daily Yoga sessions - no experience needed
- Temezcal Ceremony, Cacao Ceremony, Sound Bath
- Cleansing Reiki session on arrival
- All meals prepared by a private chef
- Spiritual readings and discussions led by Linda
- Round-trip transfer from Cancun Airport on scheduled days and times

The Fine Print

- Deposit of \$500 per person to reserve
- Full payment due by Feb 1, 2025
- All payments are non refundable
- Payment methods include: Venmo, Credit Cards, Checks or Cash

Not Included

- International flights
- Mandatory travel insurance
- 1 dinner and any other off-site meals
- Optional Reiki, massage, or excursions
- Gratuities for staff

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Meet Leslie

The owner and founder of Journeys of the Heart Wellness Retreats and a Travel Advisor. Leslie believes that travel should be more than just the destination-it should be a soul stirring adventure that lives on in you forever. She curates transformative journeys for her clients focused on finding balance and embracing self care.

Residing in Healdsburg, Ca she spends her time with her husband, 2 cats, and 7 grandchildren, and finds her peace and solace on the Yoga mat.

Meet Linda

A passionate explorer and student of life. Linda is a wife, Mama and Nana living in Gulfport, Florida. As a clinical therapist she is committed to enriching the lives of others. She believes that travel is life's greatest teacher. Linda has explored Mexico, Caribbean, South and Central America, Europe, Africa and Australia. Linda's diverse experiences enrich her personal and professional life as well as her internal spiritual growth.

